

Bofa Elementary Cafeteria

Weekly Menu

MON

Porridge (Wimbi), Rice & Stew and
Fruits, Cookies, Milk

TUES

Mashed Potatoes & Spinach with
Fruits

Fresh Juice & Biscuits

Milk with Buns

WED

Porridge/Bananas

Ugali, Cabbage, Meat

Drinking Chocolate, Cakes.

THURS

Chocolate Milk Brown Bread with Jam
Chips, Fish/Sausage & Salad
Seasonal Fruits & Water

FRI

Milk, Biscuits.

Chicken Pilau, Juice And Fruit

Mango Smoothie